

I think it was to give me
back my core. 1985
In my therapy at point, my
dog got excited and I
happened. I officially
came out. ~~the~~ ~~the~~
~~and~~ ~~the~~ ~~the~~ ~~the~~
and now in my
of everything hanging
at we in my mind and
if she would look at
my differently or was
for me will be different.
But my friend said
change and different
excited is not always bad.
Change and evolving in
relationships always
happens. Then I thought
about my core in my life,
the first time in my life,
I felt protected as always
and our relationship
I never knew of this situation.

~~little~~ so in cits bawter
 I still am also a parent and
 angry at my dad.
 But my therapist said that
 I now ~~have~~ have one person
 in my family besides me
 and he's my cat. ~~so~~ I + his
 help. I'm not alone. I'm not alone.

[illegible]